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| **In Conversation with Alethia**  **Show # 17** |  |  |  |  |
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| **Content** | **Source** | **Tape #** | **Time** | **Audio** |
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| Block 1  Topic: Serving with Excellence in the Canadian Armed Forces  Host: Alethia O’Hara-Stephenson  instagram.com/alethiaoharastephenson Guest: Captain Kevin R. JunorCaptain, Canadian Armed Forces | Studio |  | 13:00 | Mics |
| **Board (to break)**  [Captain](https://andrewguyspeaks.com/) Kevin R. Junor | C/G |  | :30 | Music |
| Break |  |  |  |  |
|  |  |  |  |  |
| Block 2 Topic: Serving with Excellence in the Community  Host: Alethia O’Hara-Stephenson  instagram.com/alethiaoharastephenson Guest: Captain Kevin R. Junor Captain, Canadian Armed Forces | Studio |  | 13:00 | Mics |
| **Credits (out at 28:30)**    **Logo Design by Town Tees** | C/G |  | :30 | Music |
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